Dear Parent /Carer,

Safeguarding Advice

We would like to take this opportunity to forward some safeguarding advice that we have received to all of our parents / carers. The advice is for you to review children and young people's access to on-line streaming sites including Netfix and other websites. It has come to our attention that some children may be accessing age inappropriate materials. For example, Netfix currently offers a series exploring teenage suicide which is rated 18 and should only be watched by adults. Watching this may well impact on a young person's well-being especially if they are already low of mood.

We'd ask that parents take appropriate steps to safeguard their children so they are only accessing age appropriate materials. As always, parents should seek advice from their G.P. and school if they are concerned about their child's emotional well-being and mental health.

Useful links for families include: https://www.minded.org.uk

www.psych.ox.ac.uk/news/new-guide-for-parents-who-are-coping-with-their-child2019s-self-harm-2018you-are-not-alone2019/coping-with-self-harm-guide.pdf

If you have any concerns regarding this, please do not hesitate to contact your daughter's Student Support Manager.

Yours sincerely,

Mrs D Lodge Assistant Head Teacher