



BROUGHTON NEWS

ONE HEART, ONE MIND
In Faith, Hope and Love

Edition 147
January 16th 2026

Year 8 Rewards Breakfast

8BER and 8FRA enjoyed a rewards breakfast today for excellent efforts last term, well done girls!



Christian Unity Week

During Christian Unity Week, we are reminded that although we may worship in different churches and traditions, we are all united by one Lord, one faith, and one love – Jesus Christ. This special week invites us to pray, listen, and grow together as brothers and sisters in Christ. In Liverpool, we have not one but two Cathedrals, both Catholic and Anglican linked in our city centre by Hope Street.



In 1976 Anglican Bishop David Shepherd and Catholic Bishop Derek Worlock met for the first time, they embraced both the differences and the common beliefs across the Anglican & Catholic churches. For the next 22 years, they worked together, bringing Unity where there was hostility and peace where there was misunderstanding. Both Bishops worked with community leaders, businesses and Churches to bring peace and Unity to our city. They also worked inclusively with people of no faith. Inspired by the two Bishops, Church leaders across different denominations today, continue to work in Unity of Faith. Liverpool Hope University, joint denominational schools and community projects across Merseyside, exist because of these works.

Jesus calls us to love one another, just as He loves us. When we choose kindness, understanding, and respect, we help build bridges instead of walls. Unity does not mean we are all the same – it means we walk together with open hearts, learning from one another and sharing God's love with the world.

It is reassuring, and inspiring that our school motto is 'One Heart, One Mind, in Faith Hope and Love'. We are a diverse community working as one, with our Mercy values at the heart of all we do.

As we celebrate Christian Unity Week, let us pray for peace among all Christians and ask God to help us be signs of hope and friendship. May our words and actions show that we are followers of Christ, working together to spread His love, mercy, and joy.

Weekly Prayer

Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.

Top Attendance Forms

94.8% 7BER	97% 8BER	96.5% 9MAX
92.7% 10MAX	91% 11NIC	97.1% 12OSC



Catholic Pic

Each month you can find us in the Catholic Pic, this month's article covers our year of growth, gratitude and great hope. To view previous editions of the Catholic Pic please follow [this link](#).

Send Intervention Team Spotlight

One of the main roles of our team is to promote and support pupils to develop their emotional literacy. The promotion of emotional literacy underpins all our interventions and the way in which we interact with pupils.

Emotional Literacy – What is it?

Emotional literacy is the ability to recognise, name, communicate and manage our own emotions appropriately and effectively – both verbally and nonverbally. It also involves our ability to be able to recognise and empathise with the emotions of others, thereby enabling us to act with an appropriate level of care and consideration.

Why is it important?

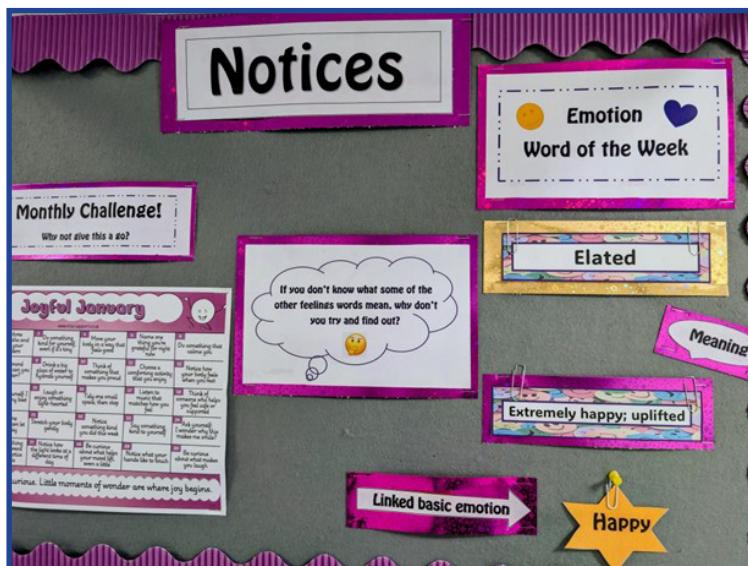
Having a good level of emotional literacy has many established benefits, including the following:

- Improved self-awareness
- Empathy
- Promotes better mental health
- Improved ability to regulate emotions
- Increased ability to problem solve
- Increased ability to make responsible choices and good decisions
- Improved social and communication skills
- Enables the development of and the ability to maintain positive relationships
- Improved ability to advocate for ourselves

Further Development of Emotional Literacy in Broughton hall

A large part of developing emotional literacy is to provide pupils with a good emotional vocabulary, which allows them to have the words to describe and convey their feelings more accurately. Emotional Theory states that all feelings can be condensed into a basic set of a (very) few specific emotions. Psychologists have differing opinions about how many of these core basic emotions exist, commonly ranging between five to eight.

A new feature we are introducing this year is "Emotion Word of the Week." Each week, a new emotion and its meaning will be displayed on Mrs. Elliott's noticeboard, outside her room (on the music corridor). Alongside the word and the definition, will be the linked basic emotion. We will print the Emotion Word of the Week in each newsletter as well.



BROUGHTON HALL CATHOLIC HIGH SCHOOL

Food Pantry Launch

HELPING HANDS TOGETHER

OPEN NOW!

Do you know a household within
our community that would benefit
from a helping hand?

Broughton Hall Catholic High
School is committed to supporting
our local community and is proud
to launch a fully stocked food
pantry to assist those in need.

If you know an individual, family,
or even yourself who would
benefit from this support, please
get in touch.

CONTACT US AT 0151 541 9440 OR
HELPINGHANDS@BROUGHTONHALL.COM

WORKING TOGETHER IN FAITH, HOPE & LOVE

