Appendix 1: Curriculum map

Relationships and sex education curriculum map

YEAR GROUP	TERM	TOPIC/THEME DETAILS
7	Autumn	Dealing with change Being in touch with your feelings Cyberbullying Brook presentation – Puberty and menstruation
	Spring	Rights and responsibilities of the child
	Summer	My relationships My emotions Social media and the law Brook – Healthy relationships and FGM
8	Autumn	Developing digital resilience Deciding what to watch Anti-bullying Legal and illegal drugs
	Spring	Human rights
	Summer	Good relationships Romantic relationships Group or gang
9	Autumn	Me and other people Sexting Alcohol and me Keeping safe over Christmas
	Summer	Outside influences Consent Abusive relationships Health Day – Armistead and So To Speak – Healthy body; Bullybusters – Cyberbullying; Evolve – Volatile substances; Life – Healthy relationships

YEAR GROUP	TERM	TOPIC/THEME DETAILS
10	Spring	Valuing diversity
		Health Day – Brook Bitesize (Contraception; STIs; sexuality; keeping safe; information; advice and guidance, mental health and wellbeing and pornography); Armistead – LGBT issues; Life - Abortion
	Summer	Relationship abuse Sharing sexual images Responsible parenting
11	Autumn	Drink spiking
	Spring	Stereotypes
12	Spring	Healthy relationships STIs STI testing - Brook Choose Life - Drugs education
13	Spring	Healthy relationships STIs STI testing - Brook

Other aspects of RSE are taught through ICT, RE and Science. These include marriage and different types of stable relationships; roles and responsibilities of parents; E safety and cyberbullying; Rights and responsibilities online and the impact of viewing harmful content; HIV and other STIs; puberty, male and female reproductive systems, development of a foetus, contraception and menstrual cycle.

The school Mission Statement embodies the message that students can expect to be treated with respect by others, and that in turn they should show respect to others. This is a central theme that is also contained within RE lessons when teaching about different religions.