

Day	Morning 8:10am – 8:35am	After School 3:05pm-4:05pm
Monday		Basketball- All Years- Sports Hall DDA
Tuesday	Wake up & Shake up - All Years - A choice of games/fitness – Sports Hall	Gymnastics— All Years — Sports Hall SJA Dance — Advanced Competition team — Dance Drama JSU
Wednesday	SJA	Netball- All Years– Sports Hall WKK & KHA
		Dance - Year 8/9 - Dance Drama JSU Fitness / Running Club - All Years SJA (1)/DDA (2)
Thursday	Wake up & Shake up – All Years– A choice of games/fitness – Sports Hall KHA	Hockey –All Years – Sports Hall - HRB Dance- Year 7- Dance Drama JSU Badminton – All Years KHA
Friday		Dance –Competition team– Dance Drama JSU Football- All Years-– Field / Courts DDA