

# **BROUGHTON**NEWS

ONE HEART, ONE MIND In Faith, Hope and Love

Edition 137
October 10th 2025



We were delighted to welcome Metro Mayor Steve Rotherham into our school this morning, Steve was part of a special assembly discussing local politics and answering student questions.

## St. Francis of Assisi Feast Day

October 4th was St. Francis of Assisi Feast Day. Francis was born to wealthy parents in Assisi, Italy, in 1181. As a teenager, Francis wanted only money and fun. He loved parties! But in 1202, when he was 21, Francis went to war and spent a year in prison. There, he had time to think and pray. In prison Francis considered his life and that money had never brought him happiness. In the years that followed, Francis gave away all his money. He preached and begged barefoot on the streets.

A group of followers gathered around him, and he wrote a rule of life for them. They became the first Franciscans. He then founded the Order of Poor Clare's, a religious order for women. He travelled to Spain and to Egypt to try to convert people there.

Francis asked his followers to praise God for the beauty of all creation. Everywhere he looked, Francis found God's love. And so he called the earth his mother; the sun, his brother; the moon, his sister. They showed him God's beauty. With all creatures of the earth, Francis shouted, "Praised be my Lord!"

Francis was at one with nature and is renowned for Inspiring us to care for the world we live in. Pope Francis inspired by St. Francis' writings wrote a famous letter (Laudato Si'), calling the world together, to care for our common home When St. Francis died at age 44 in 1226, people praised God for the beauty of Francis of Assisi. In 1228 he was proclaimed a saint.

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.



# **Weekly Prayer**

#### **Prayer of St Richard of Chichester**

Thanks be to you, my Lord Jesus Christ, for all the benefits which you have given me, for all the pains and insults which you have borne for me.

O most merciful Redeemer, friend and brother,

may I know you more clearly, love you more dearly, and follow you more nearly, day by day.

## **Top Attendance Forms**

99.3% 98.1% 91.3% 7FRA 8CAT 9MAX 93.1% 91.4% 100% 10NIC 11FRA 12OSC



#### Notice - Year 11 Parents!

Year 11 Parents we are inviting you to join us in school on Monday 20th October 5pm-6pm for our Revision Revolution to help you support your daughters in preparing for their examinations.

If you plan to attend please let us know by registering your attendance using the form link below.

Let us know you will be attending here!





#### Year 7 & Year 8 Football Teams Shine at First Tournament of the Year

Our Year 7 and Year 8 football teams kicked off their first tournament of the year at Jeffrey Humble with fantastic performances and plenty of determination.

The **Year 8's** impressed throughout the group stage, finishing **second in their league**, which secured them a place in the knockout playoff for 3rd and 4th place. After a tense match against St John Bosco, the game went to penalties. Unfortunately, luck wasn't on our side, and the team finished in **4th place out of 16 schools**—a brilliant achievement nonetheless!



The **Year 7's** also put on a strong display, finishing **3rd in their league** and placing **5th overall** out of 16 schools. This is an excellent result for their first outing of the season, and a great foundation to build on going forward.

Special recognition goes to our **team captains** of the afternoon—**Halle T** (Year 8) and **Summer L** (Year 7)—for their leadership on and off the pitch. Congratulations also to our **top goal scorer**, **Ava T**, who netted **three goals across all games**.

Both teams showed great teamwork, skill, and sportsmanship, and we couldn't be prouder of their efforts.

#### Interested in joining the team?

Football Club runs every Tuesday after school from 3-4pm. All students are welcome—come along and get involved!

# Fantastic Art Club Highlights







## **Harry Potter Day**

Yesterday morning, Broughton Hall was transformed into Hogwarts itself! Our whole school was welcomed in true wizarding style by the morning team, complete with spellbinding music, magical costumes, and a sprinkling of Hogwarts charm echoing through the corridors. A special thank you to Miss Thompson for enchanting Year 7 with a themed registration straight from the pages of J.K. Rowling, and to Dave, our resident "musical wizard" and caretaker, who filled the tannoy with the sounds of the wizarding world — ensuring everyone could be swept up in the magic of Harry Potter Day.









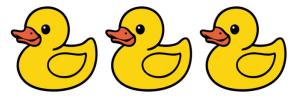




## **Stratford Trip**

Forty Year 11 pupils have enjoyed a wonderful overnight theatre trip to the birthplace of Shakespeare. Pupils have been able to visit Shakespeare's house, take part in an RSC workshop and watch the opening night of a brand new exciting and immersive production of Macbeth at The Other Place starring actor, Sam Heughan.









## **World Mental Health Day**

Our school will be taking part in Hello Yellow on Friday 10th October (World Mental Health Day) to raise awareness for YoungMinds, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why Hello Yellow matters. We're taking this opportunity as a school community to come together and show our students that we're with them and they're never alone with their mental health.

- To celebrate Mental Health Awareness Day and our Mercy values—we gave out little yellow ducks in lessons to students who show kindness, help others, or contribute positively. The ducks are a symbol of support and wellbeing: you are not alone.
- We hope everyone receives at least one duck. At the end of the week, students with the highest reward points will be recognised with a special larger duck for their outstanding commitment to our values (and just a bit of fun).
- Duck cakes have also been on sale in the canteen to further raise awareness.

Most importantly, we want to share the resources which YoungMinds offer:

To support students: Mental Health Support For Young People | YoungMinds

To support parents and carers if you ever need help and advice to support your children.

### This includes:

online resources (www.youngminds.org.uk/parent/)

a phone line, open 9.30am-4pm (0808 802 5544)

an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)







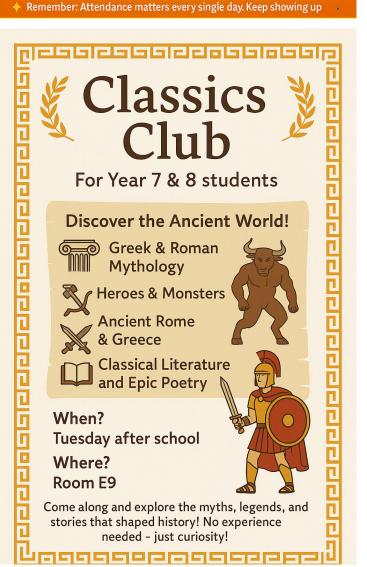












# **Enrichment Activities for this term**

Day	Activity	Venue	Staff	Time
Monday	MFL Spanish club			
	Starting 3.11.25	B12	ATR	3pm-4pm
Tuesday	Football	Sports Hall	DDA	3pm - 4pm
Wednesday	Netball	Sports Hall	AHG	3pm - 4pm
	BH Dance Company	Dance Drama	ALA	3pm - 4pm
	Well-being			
	Wednesday 24.9.25,			
	1.10.25, 8.10.25,	4.0	01.40	
	15.10.25 (session 1)	A8	SMO	3pm-4pm
WK A ONLY	Mass Choir	Chapel	P Johnson	3pm-4pm
	Diversity Drama			
WK B ONLY	Group	Chapel	P Johnson	3pm-4pm
WK A ONLY	Year 10 Book club	E3	JHR	3pm-4pm
Thursday	Trampolining	Sports Hall	NLA	3pm - 4pm
	Mental Health and			
	Well Being			
	Ambassadors	D8	SMO	3pm - 4pm
Starts 2.10.25	Choir years 7-9	MU1	RCO	3.10pm-4pm
	Vocal Group year			
Starts 2.10.25	10-11	MU2	SHA	3.10pm-4pm
	Manga and Anime			
	club	D8	Ms Marsh	3pm-4pm

# **SPECIAL EVENTS**

SIGN UP WITH MFX TO TAKE PART-LIMITED SPACES AVAILABLE

23RD OCTOBER HALLOWEEN COOKERY CLASS 11TH DECEMBER CHRISTMAS COOKERY CLASS

## Parenting teens isn't always easy — but support is here!

We're really pleased to be hosting the Talking Teens Parent Group at Broughton Hall. The course is delivered by independent trained providers, so sessions are completely confidential.

This friendly and practical programme will give you tips and strategies to make family life calmer and happier, while connecting with other parents who understand the ups and downs of teenage years.

Please see the attached poster and leaflet for full details, dates, and how to book your place.









Support for parents of teenagers



Broughton Hall Catholic High School, Yew Tree Lane, West Derby, Liverpool, L12 9HJ. Contact Ms Cobain on cobainc@broughtonhall.com or Leanne on 07885 610854 to book your place.

#### Programme Dates (5 sessions):

Tuesday 14th October - Registration session Wednesday 12th November, Wednesday 19th November, Wednesday 26th November, Wednesday 3rd December.

Time 1pm until 3pm



Being a parent of a teenager can be both rewarding and challenging. Talking Teens is a friendly, practical programme designed to help you manage the ups and downs of parenting teens — so you can enjoy a calmer, happier family life.

#### Over five sessions, we'll explore questions like:

- How can I stop my child always getting the last word?
- Why do they sleep in so late?
- Can I help them argue less?
- Why don't they want to talk about their feelings?

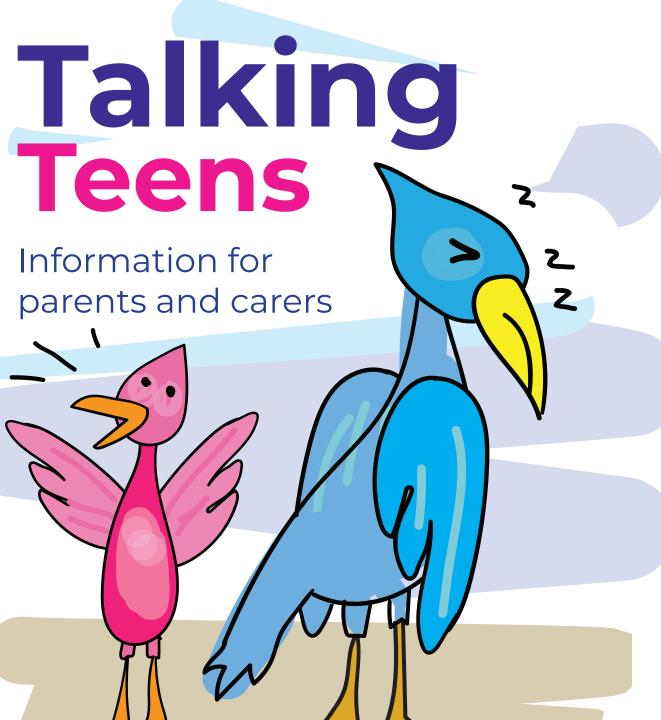
#### What to expect:

- A relaxed group of 8–10 parents
- Led by two trained parent group leaders
- Refreshments provided
- · Come on your own, with a partner or friend









# How Talking Teens has helped other parents

"I am aware that there is a better way of parenting, even if I don't always achieve it"

"My eldest son is happier that I don't scream and shout at the first sign of a problem"

"I learned to take a breath before responding to my teenager's outburst and respond with empathy"

"Thanks! Our house is a much happier place now that I am using the strategies learnt here. Much less shouting and strops."

Communicating clearly
To find out where a group is running near you and to book a place, please go

Week 4 Ipoolcouncil.info/ParentProgrammes · Managing conflict

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les and boundariescosing how to respondblem solving

Check out: centreforemotional health.org.uk

Registered charity 1062514

# Topics covered in the group

### Week 1:

- Being a parent of a teenager
- The role of parents for teenagers
- · Responding to difficult feelings

## Week 2:

- Understanding your teenager
- · Understanding teenage development
- Parenting styles
- · Praise and criticism

## Week 3:

- Communicating with your teenager
- · Talking and listening
- · Communicating clearly
- · Handling difficult issues

## Week 4

- Managing conflict
- · Rules and boundaries
- · Choosing how to respond
- Problem solving





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