

## **Broughton Hall Catholic High School**

## **Key Stage 3 Descriptors**

## Food - Year 8

	Emerging – a student whose understanding of the Yr 8 Food skills is still emerging will be able to:	Developing – a student who is developing their Yr 8 Food skills will be able to:	Secure – a student who is secure in the skills in the Yr 8 Food curriculum will be able to:	Exceeding— a student who is exceeding in the Yr 8 food curriculum will be able to:
Knowledge and Understanding	Complete written work in full sentences. Follow instructions to complete simple written task Identify some of the principles of food hygiene, cross contamination and food poisoning. List some of the government guidelines for healthy eating. Identify the functions and sources of some macro and micro nutrients. List some factors that affect food choice.	Complete written work in full sentences using descriptions. Follow instructions to complete written tasks with some help. Describe some of the principles of food hygiene, cross contamination and food poisoning. Describe the government guidelines for healthy eating. Describe the functions and sources of some macro and micro nutrients. Describe factors that affect food choice	Complete written work in full sentences using descriptions and explain comments made. Follow instructions to complete detailed written tasks with some guidance. Describe all of the principles of food hygiene, cross contamination and food poisoning. Explain the government guidelines for healthy eating. Explain the functions and sources of some macro and micro nutrients. Identifying consequences of too much and too little Explain a range of factors that affect food choice	Complete written work in full sentences using descriptions and justify comments made. Follow instructions to complete detailed written tasks independently. Explain and justify all of the principles food hygiene, cross contamination and food poisoning. Justify the government guidelines for healthy eating, providing recommendations for each guideline. Explain the functions and sources of some macro and micro nutrients. Identifying and explaining the consequences of too much and too little Explain a range of factors that

				affect food choice giving examples
Making	Work with most equipment safely, hygienically and tidily, using some practical skills and techniques fairly effectively. Produce some satisfactory dishes. Pineapple upside down, pizza, scones, jam tarts, Bolognese, apple crumble Complete some practical tasks independently and within time constraints.  Describe how well the making of a dish went and how parts of the dish could be improved and identify the sensory qualities of the dishes made (evaluation).	Work with a variety of equipment safely, hygienically and efficiently in a tidy environment, using some practical skills and techniques fairly effectively, including the safe and correct use of some utensils and equipment.  Produce some good dishes with acceptable sensory qualities. Pineapple upside down, pizza, scones, jam tarts, Bolognese, apple crumble  Complete most practical tasks independently and within time constraints.  Explain how well the making of a dish went how the dish could be improved and describe the sensory qualities of the dishes made (evaluation).	Work consistently in a safe and hygienic manner in a tidy and clean environment. Illustrate some level of success (competence) in the safe and correct use of a range of utensils and electrical equipment and in a variety of cooking techniques.  Produce a selection of good quality dishes with good sensory qualities. Pineapple upside down, pizza, scones, jam tarts, Bolognese, apple crumble  Consistently complete practical tasks independently and within time constraints presenting good quality finished dishes. Explain which steps in the making went well and which didn't and describe how to improve the dish (evaluation).	Always work in a safe and hygienic manner in a tidy and clean environment. Illustrate a good level of success (competence) in the safe and correct use of a range of utensils and electrical equipment and in a variety of cooking techniques. Produce a selection of high quality dishes with good sensory qualities. Pineapple upside down, pizza, scones, jam tarts, Bolognese, apple crumble  Always complete practical tasks independently and within time constraints presenting high quality finished dishes.  Analyse, test and evaluate the making of dishes and justify how to improve the dishes (evaluation).  Analyse the sensory qualities of dishes made (evaluation).

	Briefly analyse the sensory	
	qualities of dishes made	
	(evaluation).	