

Broughton Hall Catholic High School

Key Stage 3 Descriptors

Food - Year 7

| | Emerging – | Developing – a student | Secure – a student who | Exceeding- |
|---------------|------------------------------------|------------------------------|--------------------------------|----------------------------------|
| | a student whose understanding | who is developing their | is secure in the skills in the | a student who is exceeding |
| | of the Y7 Food skills is still | Y7 Food skills will be able | Yr7 Food curriculum will be | in the Yr7 food curriculum |
| | emerging will be able to: | to: | able to: | will be able to: |
| Knowledge and | Write mostly in sentences. | Complete written work in | Complete written work in | Complete written work in full |
| Understanding | Follow instructions to complete | full sentences. | full sentences using | sentences using descriptions |
| | simple written task | Follow instructions to | descriptions. | and explain comments made. |
| | Identify some of the principles | complete written tasks | Follow instructions to | Follow instructions to |
| | of nutrition and health | with some help. | complete detailed written | complete detailed written |
| | Identify some of hazards in the | Describe some of the | tasks with some guidance. | tasks independently. |
| | kitchen. | principles of nutrition and | Describe all of the principles | Explain and justify all of the |
| | List some personal hygiene | health | of nutrition and health | principles of nutrition and |
| | rules | List hazards in the kitchen | List hazards in the kitchen, | health |
| | | and describe the risks | describe the risks involved, | List hazards in the kitchen, |
| | | involved. | and suggest how to prevent. | describe the risks involved, |
| | | Describe personal hygiene | Explain personal hygiene | and justify how to prevent. |
| | | rules | rules | Justify personal hygiene rules |
| Making | Work safely, reasonably | Work with most | Work with a variety of | Work consistently in a safe |
| | accurately and tidily. | equipment safely and | equipment safely and | and hygienic manner in a tidy |
| | Use some basic equipment and | tidily. | efficiently in a tidy | and clean environment. |
| | techniques eg knife skills - fruit | Work using some practical | environment. | Work using a range of |
| | salad, shaping and forming- | skills and techniques fairly | Work using a range of | practical skills and techniques |
| | sausage rolls, all in one – fairy | effectively. knife skills - | practical skills and | very effectively; knife skills - |
| | cakes, bread making, using the | fruit salad, shaping and | techniques effectively; knife | fruit salad, shaping and |
| | grill- healthy pizza bread. | forming-sausage rolls, all | skills - fruit salad, shaping | forming-sausage rolls, all in |

Produce an acceptable standard of dishes.

Complete some practical tasks on time and with some guidance and help.

Describe the dish made, list any problems and list some sensory qualities (evaluation).

in one – fairy cakes, bread making, using the grill-healthy pizza bread.
Produce some good quality dishes.
Complete most practical tasks within time constraints and with a little guidance and help.
Describe how well the making of a dish went, how parts of the dish could be improved and identify the sensory qualities (evaluation).

and forming-sausage rolls, all in one – fairy cakes, bread making, using the grill- healthy pizza bread. Consistently produce good quality dishes. Complete practical tasks within time constraints and mostly independently. Explain which steps in the making went well, how to improve the dish made and describe the sensory qualities (evaluation).

one – fairy cakes, bread making, using the grill-healthy pizza bread.
Consistently produce very good quality finished dishes.
Consistently complete practical tasks within time constraints and independently.
Explain and justify which steps in the making went well, how to improve the dish made and explain the sensory qualities (evaluation).