



Broughton Hall Catholic High School

PSHE and Citizenship Policy

BACKGROUND INFORMATION

Broughton Hall Catholic High School is a Catholic school for girls aged 11-18. Boys are admitted to the 6th Form at 16+. There are 1202 pupils currently on roll and in each year there are a some children with special educational needs. The pupils come from across the city and reflect the wide social, ethnic and religious natures of the area. Our school motto, 'Cor Unum et Anima Una' – 'One Heart and One Mind' – reflects the strong sense of community amongst staff, pupils, parents and governors. The central aim of our school is to provide the very best educational opportunities. At Broughton Hall Catholic High School, our Personal, Social, Health and Economic (PSHE) education programme is rooted in the Gospel values of our Catholic faith and the charism of mercy that defines our school community. We believe that every young person is created in the image and likeness of God and possesses inherent dignity and infinite worth.

POLICY FORMATION AND CONSULTATION PROCESS

The PSHE coordinator and Curriculum Manager are jointly responsible for the PSHE and Citizenship policy. The following stages were undertaken:

- The previous PSHE and Citizenship policy was reviewed by the curriculum sub-committee
- The PSHE coordinator carried out a subject audit to identify what areas of PSHE and Citizenship are currently being taught through curriculum subjects.
- Pupils were consulted in order to have a good understanding of areas of PSHE that need prioritising
- Heads of Year were consulted in order to ensure that the current scheme of work reflects the needs of our pupils.
- The PSHE coordinator attended the Archdiocese of Liverpool Secondary School Improvement Trust's PSHE lead meetings.
- The PSHE and Citizenship policy was reviewed by the curriculum sub-committee and final amendments made to the policy to meet the requirements as outlined in the DfE's statutory Relationships Education, Relationships and Sex Education and Health Education Guidance on PSHE (2020), the PSHE Association's Programme of Study for PSHE Education and the statutory guidance for Citizenship (2013).
- The policy was adopted by the full governing body on 13th December 2023.

Reviewed: May 2025

Next Review: May 2026

The following issues were considered:

- aims of the PSHE and Citizenship programme
- moral and values framework
- content of the programme
- delivery of the programme
- teaching approaches
- use of visitors
- staff inset provision
- sensitive issues – drugs, sex and relationships, safe guarding
- evaluation
- monitoring and review of the programme

OUR VISION

Our PSHE curriculum seeks to nurture the whole person – mind, body and spirit – enabling our students to flourish as compassionate, informed and responsible members of society. Through the lens of mercy, we teach our students to:

- Show compassion to themselves and others, recognising that we are all on a journey of growth and learning Act justly in their relationships and communities, standing up for those who are marginalised or vulnerable
- Live authentically according to their God-given dignity and the values of the Gospel
- Serve others with generosity and love, following Christ's example of selfless service

Our Mercy values are central to our Catholic identity and permeates every aspect of our PSHE provision. Mercy calls us to:

- Encounter each person with love and understanding, recognising that everyone faces challenges and struggles
- Forgive and seek reconciliation, acknowledging our own imperfections and extending grace to others
- Walk alongside those in need, offering practical support and solidarity
- Challenge injustice with courage, speaking out against discrimination, prejudice and inequality
- Care for God's creation, recognising our responsibility as stewards of the earth and all its inhabitants

AIMS OF PSHE AND CITIZENSHIP

Broughton Hall High School believes that PSHE and Citizenship is an educational entitlement of all pupils and an integral part of each pupil's emergence into adulthood. We aim to develop pupils' self-awareness, positive self-esteem and confidence to:

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people

Reviewed: May 2025

Next Review: May 2026

- develop independence and responsibility
- play an active role as members of a democratic society
- make the most of their own and others' abilities

The PSHE and Citizenship provision in the school will assist our pupils to:

- value their achievements
- deal with risk and meet the challenges of life now and in the future
- identify their values and strive to live up to them

It will assist our school to:

- relate positively to the neighbourhood and local community
- raise standards of achievement by pupils who are more secure, motivated, confident and independent learners
- help promote equal opportunities for all
- improve the health of our pupils and staff

Society gains:

- healthier and more active young people
- young people who are confident that they can participate in community and national affairs

Other school policies which have relevance to PSHE and citizenship are:

- Equal Opportunities
- SEND
- Health and Safety
- Teaching and Learning
- Safeguarding
- Relationships and Sex Education (RSE)
- Drug Education
- Behaviour for Learning
- Career Education and Guidance
- Food and Nutrition
- Physical Education

MORAL AND VALUES FRAMEWORK

The Catholic ethos of the school strives to demonstrate that we respect and value every member of the school community. Pupils will be encouraged to consider the importance of the following values, which are derived from the schools' value system:

- respect and valuing themselves and others
- understanding and sensitivity towards the needs and views of others
- responsibility for their own actions
- responsibility to their family, the school and the wider community

EQUAL OPPORTUNITIES

This school is committed to working towards equal opportunities in all aspects of school life. All resources used will support this commitment.

Reviewed: May 2025

Next Review: May 2026

CONTENT

The PSHE and Citizenship programme is spiral in nature and will focus on the following topics:

- Physical and Social Environment
- Healthy Lifestyles (including the importance of physical activity and diet)
- Drug Education
- Relationships and Sex Education
- Personal safety (including on social media)
- Mental Health and Well-Being
- Citizenship
- Financial Education

The programme takes into account the statutory requirements, knowledge and skills that have been developed in KS2. It is a constantly evolving programme which takes into consideration the ever-changing world our students inhabit.

Career Education and Guidance will be included as part of the PSHE provision.

Detailed information and learning outcomes can be found in the PSHE and Citizenship scheme of work.

ORGANISATION

PSHE and Citizenship is coordinated by the PSHE Coordinator Mrs H Skinley, who is responsible for the overall planning, implementation and review of the provision.

PSHE and Citizenship is delivered by Progress Tutors during form time, as part of a rolling programme of study. Some elements will be delivered through other subjects including RE.

A variety of teaching approaches are used. Details can be found in the scheme of work.

Drop down health and Enrichment days are organized for Years 7-10 which are supported by external agencies e.g. Talk the Talk, Bully Busters, Cancer Research etc. In addition TIE productions are used when relevant and supportive of student learning.

With regard to PSHE and Citizenship it is important that staff feel comfortable with the subject matter. Staff will be supported through an in-service training programme. All new staff receive an induction programme. RSE CPD was delivered by Talk the Talk to KS4 and 5 form tutors and Progress Managers in January 2022 and all staff received a half day INSET training on PSHE led by SIL in January 2024.

SPECIFIC ISSUES STATEMENTS

Outside Organisations

- Outside organisations will be used to support and assist the teachers in the development of the classroom based work and support drop down days.

Reviewed: May 2025

Next Review: May 2026

Other Issues

- Please see individual associated policies for details.

COMPLAINTS PROCEDURES

Any complaints about the PSHE provision should be made to the Curriculum Assistant Head who will report to the governors via the link governor.

DISSEMINATION OF THE POLICY

The full curriculum programme is available to parents, the LA and OFSTED on request through the Head Teacher and the PSHE coordinator. Current schemes of work and Road Maps for each year group can be found on the school website. Parents have been contacted via edulink to invite them to view the policies, scheme of work and road maps and to allow consultation where sought.

ASSESSMENT

A range of assessment approaches may be used when assessing PSHE and Citizenship work e.g. half termly progress trackers, self-assessment, peer-assessment, teacher assessment. Elements of the PSHE and Citizenship provision will be formally assessed e.g. drug education within the Science curriculum.

EVALUATION

Pupils complete end of unit evaluations on the Progress Tracker forms. The purpose of evaluation is to inform the development of the programme of study. The School Council, Student Leadership team and Year Teams are involved in the evaluation process to ensure the topics taught reflect the needs of the students.

MONITORING AND REVIEW

The PSHE and Citizenship provision will be monitored by the Curriculum Assistant Head in consultation with the PSHE coordinator.

An annual report will be made to the governors and a summary included in their annual report to parents.

This policy is scheduled for review in May 2026.