



## What's On in Liverpool: Winter Half Term 2022

In line with government guidance, with the interest of keeping everyone safe and to reduce unnecessary social interaction for the Winter Half Term, ADDvanced Solutions Community Network has decided to deliver all our offer online. We have an offer to support children, young people, families and professionals in the Liverpool area.

Our online offer is delivered using Zoom for Healthcare. If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept securely and used in line with our privacy policy:

<https://www.addvancedsolutions.co.uk/policies/privacy-policy.html>

**If you are accessing our online offer using your mobile phone, please be mindful of your data usage.** If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

### **Online Community Network Groups**

Community Network Groups provide a discussion based opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience. You can talk to other parents, the ADDvanced Solutions team and **visiting professionals** who can help and support you.

**Our Community Network Groups for this half-term will be running online.**  
**To join an online group, [click the appropriate registration link below.](#)**



## Monday All Areas Community Network Group

Mondays 9:30am - 11:00am

Location: Online

[To join online: please click here to register](#)

- 10th January: Sharing a Diagnosis
- 17th January: Emotions - what our body is telling us
- 24th January: Communicating with your Child
- 31st January: Autism and Girls
- 7th February: Understanding Theory of Mind
- 14th February: Preparing for Adulthood

## Tuesday Liverpool Community Network Group

Tuesdays 9:30am - 11:00am

Location: Online

[To join online: please click here to register](#)

- 18th January: **Bully Busters**
- 25th January: Exploring Social Stories™
- 1st February: Autism, ADHD and Masking
- 8th February: **Sensory Integration Occupational Therapist**
- 15th February: Preparing for Adulthood

## Wednesday All Areas Community Network Group

Wednesdays 5:00pm - 6:30pm

Location: Online

[To join online: please click here to register](#)

- 12th January: Preparing for Adulthood
- 19th January: Autism with a Demand Avoidant Profile
- 26th January: Neurodevelopmental Conditions and Gender Identity
- 2nd February: Exploring Social Stories™
- 9th February: Sensory Processing Difficulties
- 16th February: Autism, ADHD and Masking



## **Thursday Liverpool Community Network Group**

**Thursdays 1:00pm-2:30pm**

**Location: Online**

[To join online: please click here to register](#)

- 20th January:** Exploring Social Stories™
- 27th January:** Speech and Language Therapist
- 3rd February:** Neurodevelopmental Conditions and Toileting Difficulties
- 10th February:** Early Help Team
- 17th February:** Tantrums vs Meltdowns

## **Coffee Mornings**

We are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office.



## **Neurodevelopmental Conditions Family Learning Programmes**

**This half term, we are providing the opportunity to attend two online Family Learning Programmes:**

- **Monday mornings (for Liverpool families)**
- **Wednesday evenings (for families from all areas)**

Our Neurodevelopmental Conditions (ND) Family Learning Programme provides an opportunity for parents and carers to gain understanding and skills about neurodevelopmental conditions including autism and ADHD (pre, during and post-diagnosis) with strategies to support the difficulties that may present:

- Neurodevelopmental conditions/specific learning difficulties and associated mental health difficulties
- Autism Spectrum Disorder/Condition (ASD/C)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Sensory Processing/Integration Difficulties (SPD)
- Supporting behaviours associated with neurodevelopmental conditions
- Your Local Offer, disability welfare rights and special educational needs support including Early Help and Education Health Care Plans



## Liverpool ND Family Learning Programme (Online)

Originally planned to take place face-to-face, our Liverpool Family Learning Programme will be running online, and will be delivered over six sessions.

**Monday mornings from 9:30am - 12:00noon**

[To join this online programme: please click here to register](#)

**Monday 10th January**

**Monday 17th January**

**Monday 24th January**

**Monday 31st January**

**Monday 7th February**

**Monday 14th February**

## All Areas ND Family Learning Programme (Online)

This online programme will be delivered over six sessions.

**Wednesday evenings from 6:30pm - 8:30pm**

[To join this online programme: please click here to register](#)

**Wednesday 12th January**

**Wednesday 19th January**

**Wednesday 26th January**

**Wednesday 2nd February**

**Wednesday 9th February**

**Wednesday 16th February**

## Sensory Processing Difficulties Learning Workshops (Online)

Our Sensory Processing Difficulties learning workshops will be delivered as webinars. It is recommended that you attend all three sessions.

**Mondays - 12:00noon-1:30pm**

[Please click here to register for the three sessions.](#)

**24th January:** Introduction to Sensory Processing Difficulties

(Session 1 of 3)

**31st January:** Emotional Regulation and Praxis

(Session 2 of 3)

**7th February:** Sensory Strategies

(Session 3 of 3)

## Eating Difficulties Learning Workshops (Online)

We recommend you access the Sensory Processing Difficulties learning workshops (please see above) before accessing this workshop.

**Monday - 12:00noon-1:30pm**

**14th February:** [Neurodevelopmental Conditions and Eating Difficulties](#)



## **Autism Post Diagnostic Learning Programme**

### **ANNOUNCING A NEW AUTISM POST DIAGNOSTIC LEARNING PROGRAMME - FOR LIVERPOOL AND SEFTON FAMILIES!**

We are delighted to provide an open offer to Liverpool and Sefton parents and carers, whose child/young person has received a diagnosis of autism (ASD) from Alder Hey NHS Trust, or from either Axia ASD Ltd or Healios via Alder Hey NHS Trust. This is a pilot offer in partnership with Alder Hey NHS Trust, commissioned by NHS Liverpool Clinical Commissioning Group (CCG), NHS South Sefton CCG and NHS Southport and Formby.

From the selection of online Learning Programmes listed for this half term, please choose the appropriate parent/carer course specific to the age of your child/young person: 3-8 years; 9-13 years or 14-19 years.

#### **Autism Post Diagnostic Learning Programme (Online)**

**For parents/carers of 3-8 yrs age group**

**Mondays: six weekly sessions from 9:30am-12:00 noon**

**Location: Online (originally planned to take place face-to-face, but now online)**

To join online, [please click here to register](#)

**Monday 10th January: Session 1**

**Monday 17th January: Session 2**

**Monday 24th January: Session 3**

**Monday 31st January: Session 4**

**Monday 7th February: Session 5**

**Monday 14th February: Session 6**

#### **Autism Post Diagnostic Learning Programme (Online)**

**For parents/carers of 9-13 yrs age group**

**Mondays: six weekly sessions from 6:00pm-8:30pm**

**Location: Online**

To join online, [please click here to register](#)

**Monday 10th January: Session 1**

**Monday 17th January: Session 2**

**Monday 24th January: Session 3**

**Monday 31st January: Session 4**

**Monday 7th February: Session 5**

**Monday 14th February: Session 6**

**Please see next page for our online Autism Post Diagnostic offer for parents/carers of 14-19 age group.**



## **Autism Post Diagnostic Learning Programme (Online)**

**For parents/carers of 14-19 yrs age group**

**Wednesdays: six weekly sessions from 9:30am-12:00 noon**

**Location: Online (originally planned to take place face-to-face, but now online)**

To join online, [please click here to register](#)

**Wednesday 12th January: Session 1**

**Wednesday 19th January: Session 2**

**Wednesday 26th January: Session 3**

**Wednesday 2nd February: Session 4**

**Wednesday 9th February: Session 5**

**Wednesday 16th February: Session 6**

## **Learning Workshops for Families (Online)**

Our Family Learning Workshops, delivered as webinars, have been designed for families to better recognise, understand and support their own needs and those of their children and young people living with neurodevelopmental conditions.

**Please click the appropriate link(s) below to register:**

**Thursday 27th January**

**10:00am-12:00noon: [SEND Provision and EHCP Process](#)**

## **Professionals Learning Workshops (Online)**

Our Professionals Learning Workshops, delivered as webinars, will support you and your organisation to better recognise, understand, and improve outcomes for the children, young people, and families that you work with. Parents/carers are also welcome to attend.

**Please click the appropriate link(s) below to register:**

**Thursday 10th February**

**3:30pm-5:30pm: [Auditory Processing Difficulties](#)**



 Follow us on Twitter: @ADDvancedSol

 Follow us on Instagram: @ADDvancedSolutions

 Like us on Facebook: ADDvanced Solutions Community Network

Join our closed Facebook group for parents and carers:

ADDvanced Solutions Community Network Discussion Group

Telephone: 0151 486 1788

**For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website ADDvanced Solutions Community Network and view the calendar listings.**

## Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: [www.addvancedsolutions.co.uk](http://www.addvancedsolutions.co.uk) under the 'Contact' menu option**, where you will also find links to national organisations that can offer support.

Click [HERE](#)