#### **KEY SKILLS:**

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Communication

Year 13

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## Taking Care of Me

**KS5: Year 13** 

- Respect or Red Flag?
- Awareness of Vaping, Nitrous Oxide and Ketamine

## **KEY SKILLS**

Know how to access information, advice and guidance

#### Adult finances

- Mortgages
- Insurance
- Know your rights
- Future Finances

#### **EXTERNAL AGENCIES:**

- Brook
- Job Centre Plus
- ASK

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# Healthy lifestyles

- Breast awareness
- Accessing health services

#### Careers

Career pathways Careers assemblies

## Managing risk

- Managing online content
- Travel safety
- Rights and responsibilities when travelling

#### **KEY SKILLS:**

- Finance
- Self-examination
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