# Ambition for All

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PHYSICAL

## <u>Dance</u>

Pupils will explore a range of Broadway musicals and learn different movement, stylistic features and dance styles from specific musicals.

## <u>Netball</u>

Pupils will focus on developing attacking and defending strategies using core skills. Pupils will have a sound knowledge of positions and rules within netball.

## <u>Athletics</u>

Pupils will begin to use knowledge of events, strategies and techniques to develop and enhance replication and performance. Pupils will perform and improve core skills in relation to speed, height, distance and accuracy.

## <u>Sports Day</u>

Pupils will take part in a range of competitive events replicating the fundamental movement skills they have developed from the year.. KS3: Year 8

Year 8

## **Badminton**

Pupils will consistently replicate core skills such as; serving, the clear and net shot through conditioned situations. Pupils will refine game strategies with intention to outwit opponent.

## <u>Trampolining</u>

Pupils will replicate core skills and movements individually and in combination. Pupils will compose sequences using creativity and fluency. Students will evaluate movement and sequences and demonstrate safety around the trampoline.

## <u>Rounders</u>

Pupils will replicate and further develop implementing and refining techniques for batting, bowling and fielding. Pupils will refine game strategies with the intention of outwitting an opponent. Pupils will develop confidence in scoring and officiating games.

## <u>Tennis</u>

Pupils will consistently replicate core skills through conditioned situations. Pupils will develop the ability to target their play to outwit an opponent. Pupils will develop confidence in scoring and officiating games.

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**To Year 9 ...** 

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SPORTS

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